RBT Practice Exam Guide: Free Resources for Future Registered Behavior Technicians (2025 Edition)

Preface

This book is a free resource created to support aspiring Registered Behavior Technicians (RBTs) in preparing for the Behavior Analyst Certification Board (BACB) exam. It compiles study tips, task list breakdowns, and practice strategies that can help learners succeed on their first attempt.

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Introduction to the RBT Role

What is an RBT? A Registered Behavior Technician is a paraprofessional who practices under the supervision of a Board Certified Behavior Analyst (BCBA). RBTs implement behavior-analytic services and play a vital role in supporting individuals with developmental disabilities. Career Opportunities in ABA: Becoming an RBT opens the door to various career opportunities within Applied Behavior Analysis (ABA), including working in schools, clinics, and home-based programs.

Understanding the RBT Exam

The RBT exam is based on the BACB Task List, which outlines the essential knowledge and skills required for the role. The exam includes multiple-choice questions covering areas such as measurement, assessment, skill acquisition, behavior reduction, and ethics. Exam Structure: The exam typically consists of 75 scored questions and additional pilot items, with a time limit of 90 minutes.

Study Strategies for Success

- Create a consistent study plan. - Use a mix of study tools (guides, flashcards, practice exams). - Practice time management during mock exams. - Review mistakes and weak areas regularly.

Practice Exam Questions (Sample)

Q1: Which of the following is an example of positive reinforcement? A) Removing homework after a student behaves well B) Giving candy after a child says 'please' C) Ignoring a tantrum D) Taking away a toy when a child hits Answer: B) Giving candy after a child says 'please'

Key Areas of Focus

- Measurement & Data Collection - Skill Acquisition - Behavior Reduction - Ethics & Professional Conduct

Mock Exam Preparation Tips

- Take full-length practice tests under timed conditions. - Simulate the real exam environment to reduce anxiety. - Focus on reviewing both correct and incorrect answers to deepen understanding.

Additional Resources

- Flashcards for quick review - Online quizzes - Mock exam simulators For updated practice materials, visit: https://rbtpracticeexam.us/

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